5th Annual Diabetes Conference

Friday, July 31, 2009 – Sunday, August 2, 2009

Course Directors:
Humberto Bruschetta, M.D., F.A.C.P.
Osvaldo Brusco, M.D., F.A.C.E.

Omni Corpus Christi Bayfront Hotel
900 North Shoreline Blvd.
Corpus Christi, TX
**Educational Need and Program Goal:**

South Texas is leading the country in new and on-going cases of diabetes as evidenced through emergency room and hospital admissions and the clinical environment. It is crucial to continue looking for ways to prevent, manage and treat diabetes, as well as all its complications. All health care professionals should stay up to date on the latest advances in this field in order to provide patients with better care and education. This three-day conference will feature outstanding speakers covering a broad range of topics including diabetes, hypertension, lipids, cardiovascular disease, and osteoporosis. It will offer health care professionals the latest standards of care for diabetes patients. Attendees will be able to use this information in the medical management and prevention of complications for the patient with diabetes.

**Target Audience:**

This conference is designed for Family Practice, General Medicine, and Internal Medicine Physicians, Podiatrists, Cardiologists, Endocrinologists, Ophthalmologists, Obstetricians/Gynecologists, Pharmacists, Dietitians, Physician Assistants, Nurses, Nurse Practitioners and other interested health care professionals.

**Educational Methods:**

Lecture accompanied by PowerPoint presentations, open discussions, case studies and question/answer sessions in a setting conducive for audience participation.

**Accommodations:**

Hotel rooms may be reserved at the Omni Corpus Christi Hotel. Please call 361.887.1600 or 1.888.444.6664 to make your reservations. Call early as rooms are limited.

**Planning Committee:**

Humberto Bruschetta, M.D., F.A.C.P.—Course Director  
*Internal Medicine/Endocrinology—Private Practice*  
*Clinical Assistant Professor*  
*Texas A&M Health Science Center College of Medicine*  
*Corpus Christi, TX*

Osvaldo Brusco, M.D., F.A.C.E.—Course Director  
*Endocrinology/Lipid Disorders/Internal Medicine—Private Practice*  
*Clinical Assistant Professor*  
*Texas A&M Health Science Center College of Medicine*  
*Corpus Christi, TX*

Barry Bleidt, Pharm.D.  
Mary Chavez, Pharm.D.  
Cheryl Bullen—CME Program Coordinator  
Krystal Coates-Porter  
Laurie Combs—CME Program Coordinator  
Rebecca Dillen, M.L.S.  
Starr Flores  
Leyla Flores Embree—CME Program Coordinator  
Juanita Garcia, R.N.  
Marianne Grant, R.D., L.D.  
Petra Martinez, R.N., B.S.N.  
Guadalupe Reyes, Jr., M.S.Ed.  
Rita Rushing, R.N., B.S.N.
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Topic/Speaker</th>
<th>Educational Objectives</th>
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<tbody>
<tr>
<td>7:30 a.m.</td>
<td>Registration &amp; Check In/Continental Breakfast/Visit the Exhibitors</td>
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<tr>
<td>8:00 – 8:15 a.m.</td>
<td>Welcome</td>
<td>Humberto Bruschetta M.D., F.A.C.P./Osvaldo Brusco M.D., F.A.C.E./Guadalupe Reyes, Jr., M.S.Ed.</td>
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<tr>
<td>8:15 – 9:15 a.m.</td>
<td>Diagnosis and Management of Prediabetes in the Continuum of Hyperglycemia—When Do the Risks of Diabetes Begin?</td>
<td>Alan Garber, M.D.</td>
<td>1. Review new guidelines for the diagnosis and management of patients with prediabetes.</td>
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<td>9:15 – 9:30 a.m.</td>
<td>Break/Visit the Exhibitors</td>
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<tr>
<td>10:15 – 11:00 a.m.</td>
<td>Treatment of Hypertension in the Diabetic Patient</td>
<td>Shab Islam, M.D.</td>
<td>3. Discuss the management of hypertension and secondary hypertension in the patient with diabetes.</td>
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<tr>
<td>11:00 a.m. – 12:00 p.m.</td>
<td>Insulin Treatment Regimens</td>
<td>Charles Reasner, M.D.</td>
<td>4. Describe practical approaches to initiating and maintaining an effective insulin regimen.</td>
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<td>12:00 – 1:15 p.m.</td>
<td>Lunch</td>
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<td>2:15 – 3:15 p.m.</td>
<td>Treatment Options for Painful Diabetic Peripheral Neuropathy</td>
<td>Gabriel Lopez, M.D.</td>
<td>7. Review the clinical manifestations and current treatment options for painful diabetic peripheral neuropathies.</td>
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<td>3:15 – 3:30 p.m.</td>
<td>Break/Visit the Exhibitors</td>
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<td>3:30 – 4:30 p.m.</td>
<td>Non-Alcoholic Steatohepatitis (NASH) Syndrome</td>
<td>Kenneth Cusi, M.D.</td>
<td>8. Explain the current approaches to the diagnosis and management of NASH.</td>
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<td>4:30 p.m.</td>
<td>Evaluations</td>
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<tr>
<td>4:45 p.m.</td>
<td>Adjourn for the day</td>
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<td>5:00 – 7:00 p.m.</td>
<td>Reception at the Omni</td>
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<tr>
<td>8:00 – 8:15 a.m.</td>
<td>Welcome</td>
<td>Osvaldo Brusco M.D., F.A.C.E./Humberto Bruschetta M.D., F.A.C.P.</td>
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<td>8:15 – 9:15 a.m.</td>
<td>Impact of Insulin Resistance on Lipoprotein Therapy</td>
<td>David Capuzzi, M.D.</td>
<td>9. Review the positive aspects of insulin resistance</td>
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<td>10. Recognize the interrelation among hypertension, hyperglycemia, and dyslipidemia</td>
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<td>11. Apply this understanding to potential therapeutic strategies</td>
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<td>9:15 – 9:30 a.m.</td>
<td>Break/Visit the Exhibitors</td>
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<td>9:30 – 10:30 a.m.</td>
<td>Lipid Therapy</td>
<td>Peter Jones, M.D.</td>
<td>12. Discuss the use of lipid therapy in patients with cardiometabolic risk.</td>
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<td>13. Discuss the efficacy and safety of statin combinations with niacin and fenofibric acid in such situations.</td>
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<td>11:30 a.m. – 12:30 p.m.</td>
<td>Lunch</td>
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<tr>
<td>12:30 – 1:30 p.m.</td>
<td>Prevention and Treatment of Diabetic Nephropathy</td>
<td>Steven Haffner, M.D.</td>
<td>15. Explain prevention methods and treatment options for patients with diabetic nephropathy.</td>
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<td>Topic/Speaker</td>
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<td><strong>Saturday, August 1, 2009 continued</strong></td>
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| 1:30 – 2:30 p.m. Gestational Diabetes  
*Jorge Mestman, M.D.* | 16. Discuss the management of gestational diabetes.  
17. Discuss the importance of follow-up care of the patient with gestational diabetes. |
| 2:30 – 2:45 p.m. Break/Visit the Exhibitors | |
| 2:45 – 3:30 p.m. Update on Diabetic Foot Care  
*Allen Jacobs, D.P.M.* | 18. Describe diabetic foot complications and treatment techniques.  
19. Describe the role of incretin hormones in maintaining glucose homeostasis. |
| 3:30 – 4:30 p.m. Incretin Mimetics Therapy  
*Kathy LaGivita, M.D.* | 20. Discuss new medications currently on the market. |
| 4:15 p.m. Evaluations | |
| 4:30 p.m. Adjourn for the Day | |
| 5:00 – 9:00 p.m. Luau—McGee Beach | |
| **Sunday, August 2, 2009** | |
| 7:30 a.m. Registration/Continental Breakfast/Visit the Exhibitors | |
| 8:00 – 8:15 a.m. Welcome  
*Humberto Bruschetta M.D., F.A.C.P./Osvaldo Brasco M.D., F.A.C.E.* | |
| 8:15 – 9:15 a.m. Pharmacology of Diabetes  
| 9:15 – 9:30 a.m. Break/Visit the Exhibitors | |
| 9:30 – 10:30 a.m. Update on Osteoporosis: From Fracs to TZD’s  
*Jan Bruder, M.D.* | 22. Identify new trends in the management of osteoporosis. |
| 10:30 – 11:15 a.m. Dietary Management of the Patient with Diabetes  
| 11:15 – 11:45 a.m. Break/Visit the Exhibitors | |
| 11:45 a.m. – 12:45 p.m. Medline/PubMed Refresher  
*Rebecca Dillen, M.L.S.* | 24. Discuss efficient search techniques to find current literature. |
| 12:45 – 1:45 p.m. Prevention of Medical Errors (Ethics)  
*Arnold Mackles, M.D.* | 25. Discuss the impact that medical errors have on the health care system. |
| 1:45 p.m. Evaluations | |
| 2:00 p.m. Adjourn Conference | |

**Note:** The Texas A&M Health Science Center Coastal Bend Health Education Center and conference planning committee reserve the right to cancel this conference in the event of unforeseen or extenuating circumstances. Topics and speakers may be substituted or rearranged as necessary in order to preserve quality continuing education. The final 10-15 minutes of each lecture will be a question/answer session.

The Texas A&M Health Science Center Coastal Bend Health Education Center is accredited by the Texas Medical Association to provide continuing medical education for physicians. The Texas A&M Health Science Center Coastal Bend Health Education Center designates this educational activity for a maximum of **18 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The presentation, ‘Prevention of Medical Errors’, has been designated by the Texas A&M Health Science Center Coastal Bend Health Education Center for 1 hour of education in medical ethics and/or professional responsibility.

Application for CME credit has been filed with the American Academy of Family Physicians (AAFP). Determination of credit is pending.

CME activities approved for AAFP credit are recognized by the American Osteopathic Association (AOA) as equivalent to AOA Category 2 credit.

Texas A&M University-Corpus Christi College of Nursing and Health Sciences (TAMU-CC CONHS), is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Nurses who complete the evaluation tool and attend the conference will earn up to 18.75 contact hours: Day 1 – 7.0, Day 2 – 6.75, Day 3 – 4.0. You must attend the entire program and turn in an evaluation form to receive a certificate.

Approval as a provider refers only to recognition of the continuing education activity and does not imply endorsement or approval of any commercial products by the Texas A&M University-Corpus Christi College of Nursing and Health Sciences or Texas A&M Health Science Center Coastal Bend Health Education Center or the American Nurses Credentialing Center’s Commission on Accreditation.

Application for credit has been filed with the Commission on Dietetic Registration (CDR). Determination of credit is pending.

This conference [215-000-09-701-L01 -> 215-000-09-719-L05] has been approved by the National Pharmaceutical Association (NPPhA) for up to 18 hours of credit for pharmacists and pharmacy technicians.

The NPPhA is accredited by the Accrediting Council for Pharmacy Education as a provider of continuing pharmacy education. Statements of Credit will be mailed to participating pharmacists 4-6 weeks after completion of the conference if participants are present and sign the required sign-in sheet. A fee of $25 will be charged for replacement of lost copies.
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Friday, July 31, 2009 – Sunday, August 2, 2009  
Omni Corpus Christi Bayfront Hotel  
900 North Shoreline Blvd.  
Corpus Christi, TX

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**REGISTRATION FORM**

## Registration Fees  
(Cash or check only)

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<tr>
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<th>Pre-registration</th>
<th>On-site Registration</th>
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<tr>
<td>Physician/Physician Assistants/Nurse Practitioners</td>
<td>$400 $300 $150</td>
<td>$425 $325 $175</td>
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<td>1 Day</td>
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<td>Nurses/Dietitians/Pharmacists/Others</td>
<td>$250 $200 $100</td>
<td>$275 $225 $125</td>
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<td>2 Days</td>
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<td>1 Day</td>
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<td>Residents and Students (with approved letter)</td>
<td>$75</td>
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## Special Events

*Please indicate whether you will attend the following special events.*

- **Friday, July 31:** Reception  
  - Yes  
  - No
- **Saturday, August 1:** Luau  
  - Yes  
  - I will bring one guest. (additional cost of $35)  
  - No

*Please type or print clearly:*

- **Name**
- **Address**

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<th>Daytime Phone Number</th>
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## Make checks payable to:

- Texas A&M Health Science Center  
- Coastal Bend Health Education Center (HSC-CBHEC)

## Mail to:

- Texas A&M Health Science Center  
- Coastal Bend Health Education Center

- 6300 Ocean Drive, NRC 3500, Unit 5861  
- Corpus Christi, TX 78412

## Fax to:

- 361.991.2071

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**Please note:** You may fax your registration form to the number above before the date of the conference and pay the pre-registration price at the door. Notification of registration cancellation must be received by **July 24, 2009**, to obtain a refund. No refunds will be made after this date. A W-9 form will be requested in order to process your refund. Alternatively, you may choose to apply the registration fee to a future conference. A $75 administration fee will be retained from all cancellations.

If you require special dietary and/or physical assistance or would like further information, please contact Leyla Flores Embree, Program Coordinator at 361.992.0664.
CONFERENCE FACULTY:

Alan J. Garber, M.D., Ph.D., F.A.C.E.
Professor, Departments of Medicine, Biochemistry and Molecular Biology, and Molecular and Cellular Biology
Baylor College of Medicine
Houston, TX

Jaime A. Davidson, M.D., F.A.C.P., F.A.C.E.
President, Endocrine and Diabetes Associates of Texas
Clinical Professor of Medicine, Division of Endocrinology
University of Texas Southwestern Medical Center
President, World Wide Diabetes
Dallas, TX

Kathy LaCivita, M.D., F.A.C.E., F.A.C.P.
Assistant Clinical Professor, Department of Medicine
University of Texas Health Science Center
San Antonio, TX

Charles Reasner, M.D.
Professor of Medicine
University of Texas Health Science Center
Medical Director
Texas Diabetes Institute
San Antonio, TX

B. Dean McDaniel, D.O.
Chief of Surgery, Citizens Bariatric Center
Victoria, TX

Kenneth Cusi, M.D.
Associate Professor of Medicine
University of Texas Health Science Center
San Antonio, TX

Gabriel Lopez, M.D.
Pain Medicine Specialist—Private Practice
Corpus Christi, TX

David Capuzzi, M.D., Ph.D.
Professor of Medicine and Biochemistry
Thomas Jefferson University
Philadelphia, PA

Peter Jones, M.D.
Medical Director, Weight Management Center
The Methodist Hospital
Associate Professor of Medicine, Section of Atherosclerosis and Lipid Research
Baylor College of Medicine
Houston, TX

Eugenio Cersosimo, M.D.
Associate Professor, Department of Medicine and Diabetes
University of Texas Health Science Center
San Antonio, TX

Steven Haffner, M.D.
Professor of Internal Medicine
University of Texas Health Science Center
San Antonio, TX

Jorge Mestman, M.D.
Professor of Clinical Medicine
Director, Center of Diabetes and Metabolic Disorders
University of Southern California, Keck School of Medicine
Los Angeles, CA

Allen Jacobs, D.P.M., F.A.C.F.A.S.
Adjunct Clinical Professor, St. Louis University School of Medicine
Private Practice, Allen M. Jacobs and Associates, St. Louis, MO

Shah Islam, M.D.
Nephrologist—Private Practice
Corpus Christi, TX

Amber Watts, Pharm.D.
Assistant Professor of Pharmacy Practice
Texas A&M Health Science Center
Irma Lerma Rangel College of Pharmacy
Kingsville, TX

Jan Bruder, M.D.
Clinical Chief and Fellowship Director—Endocrinology
Associate Professor, Endocrinology
University of Texas Health Science Center
San Antonio, TX

Grete McBath, M.P.H., R.D., C.D.E.
Nutritionist
Corpus Christi, TX

Rebecca Dillen, M.L.S.
Medical Librarian
Texas A&M Health Science Center
Coastal Bend Health Education Center
Corpus Christi, TX

Arnold Mackles, M.D., M.B.A.
Physician Speaker/Healthcare Risk Manager
Palm Beach Gardens, FL