organizes and promotes multicultural programs on campus. The group also concentrates on creating an accepting and inclusive campus environment.

Programming events include Asian celebrations, Black History Month, Cinco de Mayo, Día de los Muertos, Disabilities Awareness Month, gay, lesbian and bisexual rights programs, Hispanic Heritage Month, Culture Fest, Martin Luther King March, Native American celebrations, religious celebrations, Women’s History Month, and other programs. For more information, call (361) 825-2707.

**South Texas Leadership Conference**

The South Texas Leadership Conference (STLC) is a FREE joint initiative between three schools in the Texas A&M System. Each school hosts an intense one-day conference inviting student leaders from each institution to network while learning individual leadership skills and effective ideas to improve their organization. For more information, call (361) 825-2707.

**Student Publications**

*Island Waves*, the student newspaper, is produced weekly. All students who enjoy writing or would like to learn more about producing a student newspaper are encouraged to become involved with *Island Waves*. Many volunteers are needed to produce the paper. Several paid positions are also available each semester. For more information, call (361) 825-5862.

**Together Islanders Develop Excellence (TIDE)**

TIDE is the new peer mentor program at A&M-Corpus Christi. This voluntary program is designed to give new students personal assistance in transitioning to college life by pairing them with a returning student with the same major interests. For information, call (361) 825-2707.

**University Council of Student Organizations**

The University Council of Student Organizations (U.C.S.O.) includes representatives from each student organization. U.C.S.O. meets regularly to determine policy and funding for student groups. Over 100 student organizations exist on campus. These groups include departmental organizations, which focus on particular majors or careers; honor societies; special interest organizations; religious organizations; sororities and fraternities; and other groups. A current list of recognized student organizations is available in the Student Organization Center UC 204. For more information, call (361) 825-3239.

**Waves of Welcome (WOW)**

Waves of Welcome (WOW) is designed to help students become familiar with A&M-Corpus Christi and its traditions. WOW provides an opportunity for students to meet their fellow Islanders, network with faculty and staff, and connect with student leaders. By attending open houses, special programs, meetings, and other activities, students can learn more about the many resources available to help them succeed academically and get the most out of their college experience. The Waves of Welcome schedule is distributed at the beginning of the fall semester. For more information, call (361) 825-2707 or visit http://wow.tamucc.edu.

**DISABILITY SERVICES (DS)**

Texas A&M University-Corpus Christi is committed to promoting equal opportunities for persons with disabilities to access campus facilities, resources, and programs. Support services and reasonable academic adjustments are arranged for persons with permanent or temporary disabilities through the Disability Services (DS) Office. The DS Office is located in Driftwood 101.

Students with permanent or temporary disabilities who qualify for support under Section 504 of the Rehabilitation Act and the Americans with Disabilities Act of 1990 must self-identify and register with the Director of the DS Office. To qualify for services, students must 1) be admitted to the University, 2) present appropriate and current documentation
Student Services

of their disability from a qualified professional and 3) register with the DS Office each semester. Advance planning by the student with the Director or Assistant Director of the DS Office is necessary to ensure adequate time to arrange for appropriate accommodations. It is recommended that requests for services and/or academic adjustments be made as soon as possible. Requests for services requiring extensive preparation (e.g., interpreter services, adaptive and assistive equipment, textbooks in alternate format, etc.), may need up to 30 days to process. For additional information, please call (361) 825-5816 or visit the DS website at http://disabilityservices.tamucc.edu.

UNIVERSITY COUNSELING CENTER (UCC)

The University Counseling Center offers a variety of services to enhance students’ overall health and wellness and improve their potential for personal, academic, and career success. UCC services are funded through the Student Services fee and are available to all enrolled A&M-Corpus Christi students at no additional charge. Students may call (361) 825-2703, or visit the University Counseling Center, located in Driftwood Hall, to schedule an appointment. Additional information can be found at http://counseling.tamucc.edu.

Short-term Individual Counseling. Students can meet individually with a counselor to learn more effective coping and problem-solving skills, and to identify how their feelings and thoughts influence their choices, decisions and actions. Individual counseling may focus on any area of concern to a student including adjustment to college, maintaining healthy relationships, dealing with loss, improving study skills, test anxiety, academic pressures, drug and alcohol concerns, anxiety, depression, traumatic experiences, eating concerns, family conflicts, or multicultural issues. Referral services are provided when a student’s need is beyond the role and scope of UCC services.

Group Counseling. Groups provide students with an opportunity to meet in a safe, supportive setting with other students who share similar concerns. Groups are developed around the expressed needs of students and have focused on managing stress, developing communications skills, improving relationships, and substance abuse issues.

Personal Skills Center. Personal skills training is focused on helping students to develop leadership abilities, improve academic and athletic performance, increase self-confidence, and enhance personal relationships. After students complete an assessment of their current problem-solving, relationship, communication and coping skills, they begin an individual or group training program to improve these skills.

Programs. The UCC offers many programs throughout the year to promote both physical and emotional health and wellness. Upon request, professional staff will provide workshops, seminars, and skills training programs for student organizations, classes, or administrative units on campus.

All UCC staff respect the confidential nature of counseling sessions. Counseling center records are kept strictly confidential and no record of a student’s visits is made on an academic transcript or any other University record. Records are not released without the student’s written permission except under certain legal conditions.

UNIVERSITY HEALTH CENTER

The University Health Center, located in Sandpiper Hall, assists students in maintaining optimal health while attending A&M-Corpus Christi. Primary emphasis is on preventive health practices, health education and the promotion of wellness. Primary health care is provided by registered nurses, family nurse practitioners and a physician for the care of acute illnesses and minor injuries. Chronic health care needs are referred to local community providers and/or the student’s primary care provider. The University Health Center provides a variety of health services such as:

- Telephone medical information service “Ask-A-Nurse-Line” at 825-5735
- Women’s Health Clinic - Gynecological services
- Men’s Health Clinic