Texas A & M University – Corpus Christi
College of Nursing and Health Sciences

COURSE TITLE: Nursing 3628: Nursing Care of Adults I

CREDITS: 6 semester hours

PREREQUISITES: All first semester Junior level courses

COURSE DESCRIPTION: Introduces the student to the use of the nursing process in the care of adults with chronic or non-complex illness. Uses a systems approach to discuss the effects of illness on individual and family and to examine the disruption of growth and development patterns across the lifespan from young adult to senior years. The course includes clinical laboratory to allow the student the opportunity to apply theoretical concepts to clinical practice in diverse adult populations. Prerequisites: All first semester junior level courses.

COURSE OBJECTIVES: At the completion of Nursing Care of Adults I, the student will be able to:

1. Examine applicable nursing and non-nursing theories related to growth and development and transcultural nursing.
2. Give examples of relevant and recent research findings, particularly as they relate to nursing care of patients with disorders of physiological systems.
3. Describe ethical and legal principles impacting health care across the age/health continua, including informed consent, diminished autonomy, individual freedom of choice, and confidentiality.
4. Analyze the use of the nursing process with individuals experiencing illness.
5. Describe patient teaching plans for selected physiological disorders.
6. Identify concepts related to the disruption of growth and development patterns across the lifespan.
7. Demonstrate responsibility for own learning at levels consistent with course and professional expectations.
8. Describe caring behaviors to be utilized while providing nursing care to clients from diverse populations.